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Treat yourself and help the earth this Earth Day

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For Immediate Release

For the seventh year in a row, InTouch MicroSpa of Mammoth Lakes is hosting “Appointments for the Earth,” a fundraiser for Eastern Sierra non-profit organizations, in honor of Earth Day. On Sunday, April 22, InTouch will donate 100% of the proceeds from their appointments to a non-profit of your choice. Local groups that will benefit from Appointments for the Earth include the Andrea Lawrence Institute for Mountains and Rivers, the California Native Plant Society, the Eastern Sierra Land Trust, Friends of the Inyo, the Mono Lake Committee, and the Wilderness Society.

Appointments are available for massage therapy, esthetician services, and luxurious body treatments; to see a full listing of InTouch’s offerings, visit *www.intouchmicrospa.com*. When you book your appointment you can designate which local group will get the proceeds. With 100% full bookings,

this even can raise as much as \$1,500 for a group! To book your appointment, call (760) 934-2836 or toll-free (800) 786-4414.

Many thanks to Carrie and Dan Meyers, owners of InTouch MicroSpa, for their thoughtful and generous support of Eastern Sierra non-profit organizations. Happy Earth Day!

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The text of this press release may be downloaded from

www.monolake.org/press.

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The Mono Lake Committee is a nonprofit citizens' group dedicated to protecting and restoring the Mono Basin ecosystem, educating the public about Mono Lake and the impacts on the environment of excessive water use, and promoting cooperative solutions that protect Mono Lake and meet real water needs without transferring environmental problems to other areas.