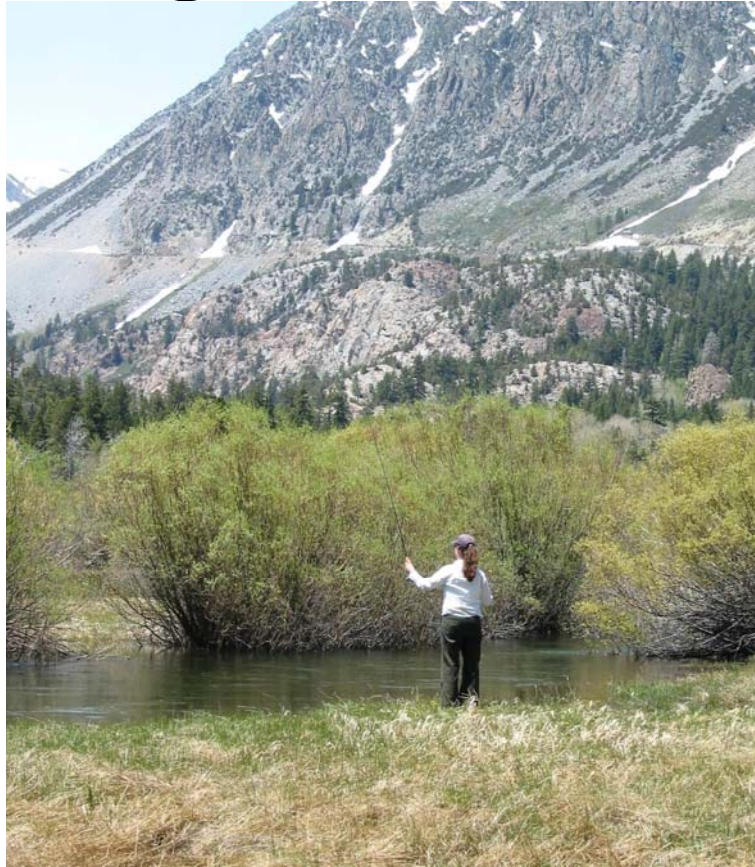


Fly Fishing in the Mono Basin



Peter Pumphrey & Roberta Lagomarsini
September 21–23, 2007

\$130 per person / \$115 for members
enrollment limited to 15 participants

Welcome to our introductory fly fishing field seminar! This program is designed for those who have never fished with a fly rod as well as those who want a two-day refresher on fundamentals. After covering the basics—the equipment involved, the varieties of flies and their uses, and basic casting technique—the class will then move to one of the Basin’s many streams to consider trout habitat and habits, characteristics of a healthy stream environment, reading the water, fly presentation, and catch and release.

It is difficult to predict weather and water conditions for September 2007, but we will visit at least two streams in the Mono Basin as weather allows. These may include Rush Creek, Parker Creek, Walker Creek, Lee Vining Creek, Saddlebag Creek, and/or the Lundy Canyon area.

Weather in September can present a wide range of conditions from warm summer-like days to windy, rain and cold. Be prepared with several layers and some type of rain gear. It is a good idea to call for current conditions and predictions before heading to Lee Vining.

You will need a California sport fishing license and a few items of fishing gear. We can provide a fly rod and reel if you need them. *Please let us know if you need this equipment by **September 10** and also indicate if you are right or left handed.* A full list of things to bring is included below.

Peter Pumphrey and Roberta Lagomarsini are guides licensed by the State of California and have been teaching basic fly fishing for over ten years.

ITINERARY

Saturday, September 22 at 9:00 am: We will meet at the Mono Lake Committee Information Center & Bookstore for registration and brief introductions. From there, we will proceed to Hess Park in Lee Vining, where the historical museum is located. At the park we will go over fly fishing equipment, fly selection, and how you can get started without spending a fortune. We will also begin learning the fundamentals of fly casting, and after working on casting techniques, we will finish up with a review of trout, their habits and habitat, and catch and release. We will wrap at the park near noon and break for lunch.

At 1:15 pm on Saturday we will re-assemble at a streamside location to be announced Saturday morning. We will start with a quick discussion of stream flow, stream habitat, and how to spot likely places for trout. We will also talk about how to recognize a healthy stream and ways to promote watershed quality. After about 30 minutes of stream orientation we will hit the water and put the morning's techniques and concepts to work. Hopefully we will catch and release some fish during the afternoon. We will finish up around 5:00 pm.

Sunday, September 23 at 9:00: We will meet at a location announced on Saturday. We will be at another stream site and will fish there until about 1:00 pm. We will work on refining our technique while fishing a different type of water than we did on Saturday.

Facilities: There are restrooms at Hess Park. There probably will not be restroom facilities at the locations where we will be fishing.

Altitude and Dehydration Cautions: The seminar will take place at altitudes ranging from 6,500 to 9,500 feet above sea level. There will be walking of up to 30 minutes to our fishing locations and we will be on our feet for up to five hours at a time. Walking will be on easy trails or streamside at a leisurely pace. Those restricted to lower elevations should not enroll. Anyone with a history of heart, ear or respiratory problems should consult with their doctor. Twenty four hours of acclimation at the elevation of Lee Vining is advisable before this seminar. Remember to bring (and drink) lots of water. Also, the sun is intense at higher elevations, so protect yourself by being equipped with sunscreen, a hat, and sunglasses (polarized are recommended for fishing).

MEALS

Participants are on their own for lunches and other meals. There will be a lunch break on Saturday of approximately an hour and a quarter. Bring drinking water and perhaps a trail snack for the morning and afternoons.

TO BRING

Required Items:

- California sport fishing license (temporary licenses should be valid for September 22 & 23)
- shoes that can get wet and a change of shoes (waders are not necessary)

- polarized glasses
- 12 dry flies—three each of the following in size 14 or 16:
 - elk hair caddis olive
 - royal wulff
 - red or orange humpy
 - parachute adams
- one 7 ½ foot 6X leader
- one spool 6X tippet
- leader cutting tool (nail clippers will work but are not the best)
- sunscreen, insect repellent
- water bottle and water

Flies, leader and tippet can be found in a fly shop. If you have trouble locating these, please let us know by September 10 and we can provide them at our cost.

Optional Items:

- hat with a brim
- morning and/or afternoon snack
- camera to record your catch (we will be practicing catch and release)

RECOMMENDED BOOKS

It is not necessary to do any reading or study in advance of the seminar. However, these books provide useful information on flyfishing in the Sierra.

Anderson, Sheridan. *The Curtis Creek Manifesto*. Frank Amato Publications.
Portland, Oregon.

Cutter, Ralph. *Sierra Trout Guide*. Frank Amato Publications. Portland, Oregon.

Streeks, Neale. *Seasons of the Trout*. Pruett Publishing Co. Boulder, Colorado.

Van Loek, Billy. *High Sierra Fly Fishing*. Frank Amato Publications. Portland, Oregon.

Wulff, Joan. *Joan Wulff's Flycasting Techniques*. Lyons & Bradford Publishing.
New York, New York.



Mono Lake Committee Field Seminars

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