

South Shore Kayak



Stuart Wilkinson & Mono Lake Committee staff Sunday, June 10, 2012

\$90 per person / \$80 for Mono Lake Committee members
enrollment limited to 12 participants

Join Stuart Wilkinson, owner of Caldera Kayaks, and a Mono Lake Committee staff naturalist for a paddle along the south shore of Mono Lake. We will paddle over underwater tufa and springs with the possibility of seeing migratory birds near freshwater stream deltas. We will also explore the South Tufa grove by water as well as some of Mono's other varied and less visited shoreline.

ITINERARY

The tour **meets at Navy Beach at 8:30am on Sunday, June 10**. To get to Navy Beach from Lee Vining, take Highway 395 south for five miles until you reach Highway 120 East. Turn left and follow Highway 120 East for five miles until you see a sign indicating the Mono Lake South Tufa Area. Turn left and take the right fork to Navy Beach. **Special note:** *If the Navy Beach parking lot is full you may want to park at the South Tufa parking area and walk the 1/3 mile to Navy Beach*

rather than risk a very expensive parking citation by the US Forest Service for illegal parking along the road into the parking area at Navy Beach.

After checking in, we will begin with a brief lesson and introduction to our kayaks. Double and single kayaks will be provided to accommodate all ability levels. Unfortunately, we can't guarantee that you will be in a single or double kayak. We will do our best to match friends/partners in a double kayak. Personal flotation devices are provided.

After we load our personal gear we will launch and start the tour. Along the way you'll discover some of the natural history of Mono Lake and the area, while taking in the unusual scenery of Mono Lake from the vantage point of the water. Your guide is a trained geologist with local expertise, and discussion will include a history of the volcanic events of the Mono Basin and Long Valley Caldera.

We will stop for lunch and a natural history discussion somewhere along our paddle route. We will return to Navy Beach around 12:30pm. A day spent on the briny waters of Mono Lake will give you a new view of the Mono Basin.

THIS ITINERARY MAY BE CHANGED DUE TO WIND/WEATHER

Altitude and Dehydration Cautions: Remember to bring (and drink!) lots of water because your body loses more water at the higher altitudes of the Mono Basin. Experts recommend that you begin drinking extra water as you drive to higher elevation in order to prevent dehydration and headaches. Also, the sun is rather fierce at high elevations, capable of burning even on cool and cloudy days, so be sure to protect yourself thoroughly using sunscreen, sunglasses, and hat.

MEALS

Please bring your own picnic lunch and snacks.

TO BRING

- water
- sun protection
- shoes you don't mind getting wet
- shorts
- gloves
- light sweater
- windbreaker/jacket
- picnic lunch
- camera
- binoculars
- small dry bag if you have one



Mono Lake Committee Field Seminars

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