



*Moonrise over Paoha Island by David Winkler, 2007*

# Full Moon Adventure

**August 7, 2017 • Nora Livingston**

\$165 per person / \$150 for Mono Lake

Committee members

enrollment limited to 12 participants

There is no better way to deeply immerse yourself in the majestic calm of Mono Lake than to experience it by moonlight. This special evening program starts with a natural history walk in the late afternoon and the opportunity to canoe on Mono Lake during the full moon rise. If the weather doesn't allow us to canoe, we will hike up Panum Crater to watch the moonrise from the top. Afterwards, we will wander in the brightly moonlit Jeffrey pine forest for storytelling and sky-gazing.

*Sunset 7:55pm; moonrise 8:11pm; full dark 8:23pm.*

This seminar will involve easy to moderate hiking at high elevation (7000'). We will hike 2–3 miles over the course of the day, mostly on level terrain, but with several short but steep sections of trail.

Nora Livingston is our very own Lead Naturalist Guide. She has spent nine years exploring the many unique nooks and crannies of the Basin. Before moving to Lee Vining permanently, she bounced around California for eight years as a field biologist, studying birds on the Channel Islands, the Farallon Islands, and in the Eastern Sierra.

## **PRIMARY ITINERARY (determined by weather):**

**Monday, August 7 at 5:30pm:** Meet at the Mono Lake Committee Information Center & Bookstore in Lee Vining. After brief introductions, we will carpool to our first destination. Possible locations include Lee Vining Canyon, Bohler Canyon, Tioga Pass area, and a few lesser known patches. Itinerary may vary with local wildlife activity, weather, or the instructor's whims.

**7:00pm:** We will then travel to the South Tufa parking lot, walk to Navy Beach, get fitted for PDFs, get a safety overview of the canoes and then get out on the water.

**7:45pm:** Canoe on Mono Lake for approximately one hour\*.

**9:00pm:** Travel to the Jeffrey Pine forest south of the lake for a moonlit walk in the pines with storytelling and sky-gazing. We will return to the Mono Lake Committee by 10:30pm.

\*Disclaimer: It is possible that the wind will cut the canoe tour short. If this happens, we will head for shore and continue the trip on foot along the shore at South Tufa/Navy Beach.

## **ALTERNATE ITINERARY (if weather prevents us from canoeing)**

**5:30pm:** Meet at the Mono Lake Committee Information Center & Bookstore in Lee Vining. After brief introductions, we will carpool to our first destination. Possible locations include Lee Vining Canyon, Bohler Canyon, Tioga Pass area, and a few lesser known patches. Itinerary may vary with local wildlife activity, weather, or the instructor's whims.

**7:00pm:** We will then travel to the Panum Crater parking lot, hike to the center of the crater, and learn about the natural history of Mono Lake at the top while we watch the moon rise. This hike is approximately 1.5 miles round trip on soft gravel and rock trail, with a few moderately steep sections.

**9:00pm:** We will then travel to the Jeffrey Pine forest south of the lake for a moonlit walk in the pines with storytelling and sky-gazing. We will return to the Mono Lake Committee by 10:30pm.

***Altitude and Dehydration Cautions:*** Remember to bring (and drink!) lots of water because your body loses more water at the higher altitudes of the Mono Basin. Experts recommend that you begin drinking extra water as you drive to higher elevation in order to prevent dehydration and headaches. Also, the sun is rather fierce at high elevations, capable of burning even on cool and cloudy days, so be sure to protect yourself thoroughly using sunscreen, sunglasses, and hat.

## **TO BRING**

- headlamp (required)
- water shoes (like chacos, tevas, flip flops--no leather)
- drybag (optional)
- camera (optional)
- binoculars
- sturdy footwear for hiking
- day pack
- warm clothes, rain jacket, hat
- sunscreen, sunglasses
- plenty of drinking water

**Please eat dinner before the trip or bring plenty of snacks!**



**Mono Lake Committee Field Seminars**

P.O. Box 29 • Lee Vining, CA 93541 • (760) 647-6595 • [monolake.org/seminars](http://monolake.org/seminars)