The Mono Basin is rich with indigenous, mining, logging, and ranching history. On this one-day field seminar we will spend the morning exploring different historic locations in the basin while learning both about the stories behind them and the plants and animals that inhabit them. The flow of the day will follow the general timeline of history, starting with a brief overview of the geology that formed the present landscape and ending right where we are standing at the end of the day. This seminar will involve easy hiking, but remember the Mono Basin is at about 6,500 feet above sea level. We will hike 2–3 miles over the course of the day, mostly on level terrain.

Nora Livingston is the Mono Lake Committee’s Lead Naturalist Guide. She is also the daughter of an historian, so she has been absorbing cultural history for 29 years, and studying local history closely in recent years.

ITINERARY

**Saturday, August 10 at 8:00am:** Meet at the Mono Lake Committee Information Center & Bookstore in Lee Vining. After brief introductions, we will spend the day traveling to several Mono
Basin locations including Rush Creek, Mono Mills, DeChambeau Ranch, and Old Marina, among others. This class will end around 3:00pm.

**Altitude and Dehydration Cautions:** Remember to bring (and drink!) lots of water because your body loses more water at the higher altitudes of the Mono Basin. Experts recommend that you begin drinking extra water as you drive to higher elevation in order to prevent dehydration and headaches. Also, the sun is rather fierce at high elevations, capable of burning even on cool and cloudy days, so be sure to protect yourself thoroughly using sunscreen, sunglasses, and hat.

**MEALS**
Please bring a bag/picnic lunch, snacks for the day, and plenty of drinking water.

**TO BRING**
__ binoculars (optional, but will enhance your day)
__ sturdy footwear
__ appropriate field clothing: hat, sunglasses, warm layers, rain gear
__ day pack including plenty of water, sunscreen, insect repellent, etc.
__ packed lunch and snacks
__ plenty of drinking water